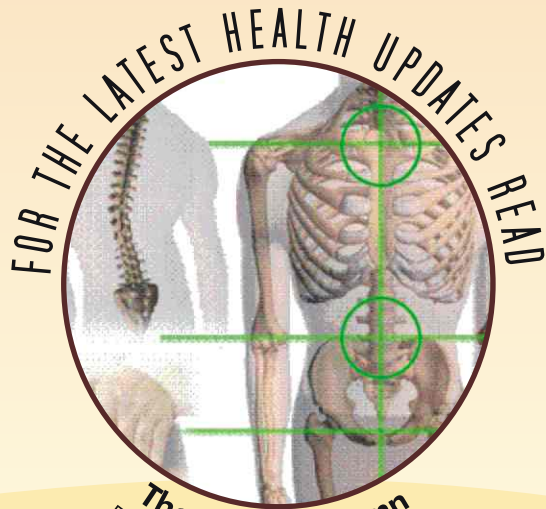


MEET THE DOCTOR

Hello, My name is Dr. James Hook, D.C. and I would like to personally welcome you to The Bethesda Chiropractic Center. I believe in providing a comfortable atmosphere for you and your family. My attention and focus is always on listening, caring and helping you with your problem, and the restoration of your good health.



Dr. James Hook, D.C.



The Spinal Column
Everyday Advise for Healthy Living

Visit us online
www.bethesdachiropractic.net

PRACTICE HOURS

Monday	8.30 am to 7 pm
Tuesday	Closed
Wednesday	8.30 am to 7 pm
Thursday	12 pm to 6 pm
Friday	8.30 am to 7 pm
Saturday	By Appointment Only
Sunday	Closed

WELCOME NEW PATIENTS
YOUR FIRST VISIT IS ONLY \$25.00!!
Everyday Relief From The Stress Of Life!!!



BETHESDA CHIROPRACTIC

Bethesda Chiropractic Center
7801 Norfolk Ave, Suite 100, Bethesda, Maryland 20814
(301) 652-0500

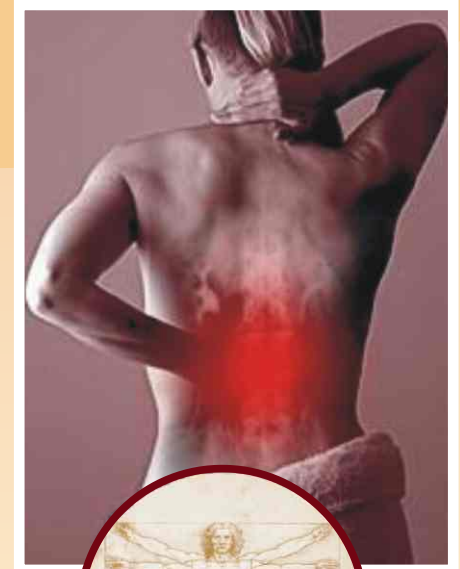


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Bethesda, MD 20814

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TAKE THE PAIN OUT OF YOUR LIFE



BETHESDA CHIROPRACTIC

**YOUR SOLUTION TO RELIEVE
THE PAIN CAUSED
BY WORK, STRESS AND INJURY**



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BETHESDA CHIROPRACTIC WILL HELP YOU:

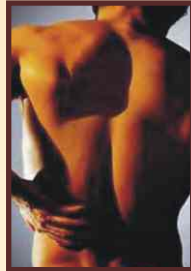
INJURED IN A CAR ACCIDENT? WE CAN HELP YOU

Chiropractors can recognize and treat ailments that are very often not attributed to subtle spinal injuries, which are too easily overlooked by many physicians. We not only can diagnose such injury, but also provide the necessary medical care, and make sure your legal rights are protected too.



END YOUR BACK PAIN. DON'T SUFFER ANOTHER DAY

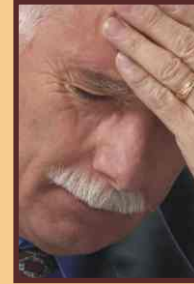
If your days and nights are spent in an agony of unrelenting back pain, and the results of traditional medical treatment have been disappointing, you need to know that there is an alternative. If you would like to learn how your back pain might be relieved once and for all through chiropractic care. STOP SUFFERING TODAY!!



HEADACHE RELIEF DON'T LET YOUR JOB KILL YOU...

If you're suffering from almost constant incapacitating headaches, or the ones that are constantly coming and going, it may be

time to give chiropractic a chance to put you on the path of recovery. Why let stress of your job kill you? Call us, WE CARE ABOUT YOU!!



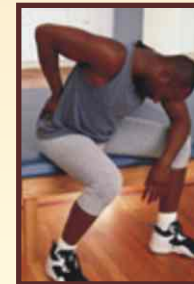
CARPAL TUNNEL YOUR HANDS DON'T HAVE TO HURT ANY LONGER

Can't brush your hair or open a jar because of constant hand pain and numbness? If you've been taking pain killers, and occasional cortisone shots, which only mask the problem temporarily, or if you're contemplating surgery to correct the problem, you should look first at a possible alternative treatment based on chiropractic. We help and often restore the movement painlessly in your hands.



SPORTS INJURIES CAN BE HEALED, RETURN TO YOUR PASSION

Are you sidelined with a sports injury that is not responding to traditional medical care? Are you not playing at peak efficiency? More and more, coaches and athletes are turning away from traditional medical treatment and painkilling drugs, because the treatments and medicine do not address the cause of the pain. Bethesda Chiropractic helps with sports injuries, and often returns the athlete to peak efficiency.



DON'T SUFFER FROM BACK PAIN FOREVER



EVERYDAY RELIEF FROM THE STRESS OF LIFE

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Call us if you need help with:

- Allergies
- Back ache
- Elbow pain
- Headaches
- Joint pain / problems
- Lower back pain
- Neck pain
- Shoulder pain
- Stress
- Asthma
- Carpal Tunnel
- Fibromyalgia
- Hip pain
- Knee pain
- Muscle tightness and Stiffness
- Sciatica
- Sports injuries
- TMJ